### The role of machine learning in clinical research: transforming the future of evidence generation

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Improved Computing Resources

Data Availability



#### Background



Preclinical drug discovery and development research



Clinical trial participant management



Data collection and management



#### **Barriers**

#### CONTENTS



## Preclinical drug discovery and development research



#### 2.1 Target drug discovery



Analysis existing research



Generate molecules

Different drug performance

2.1 Target drug discovery

▷ Obsessive-compulsive disorder (OCD) drug<sup>[1]</sup>

O 1/3 cost

- O 12 months vs. 5 years
- O 350 compounds vs. 2500 compounds

 $\triangleright$  Maximizing the success and efficiency of trials



Planning phase



Optimize the choice of treatment regimens

Reinforcement Learning for clinical trials in nonsmall cell lung cancer(NSCLC)<sup>[1]</sup>



Discover optimal treatment

Q – learning framework<sup>[2]</sup>

[1]: Zhao Y, Zeng D, Socinski MA, Kosorok MR. Reinforcement learning strategies for clinical trials in nonsmall cell lung cancer. Biometrics. 2011; 67(4):1422–33. https://doi.org/10.1111/j.1541-0420.2011.01572.x.

[2]: Watkins, C. J. C. H. (1989). Learning From Delayed Rewards. Ph.D. Thesis, King's College, Cambridge, U.K.

▷ Treatment plan and therapy options<sup>[1]</sup>



[1]: Socinski, M. A. and Stinchcombe, T. E. (2007). Duration of first-line chemotherapy in advanced nonsmall-cell lung cancer: Less is more in the era of effective subsequent therapies. Journal of Clinical Oncology 25, 5155–5157.

▷ Primary goal



**Optimal Compounds** 



Optimal time to initiate 2<sup>nd</sup> – line therapy

▷ In the clinical setting – Q-learning



 $\triangleright$  Q - learning

$$Q_t(s_t, a_t) = E \left[ R_t + \max_{a_{t+1}} Q_{t+1}(S_{t+1}, a_{t+1}) \right| S_t$$
  
=  $s_t, A_t = a_t$ ].

Peer review

#### ▷ Limitations



Assumption : Survive  $\rightarrow 2^{nd}$  – line therapy





#### **Conceptual Promise**



# The role of ML in clinical trial participant management



15

#### 3.1 Selection of patient populations for investigation

Decrease sample size



Identify patterns in patient features

#### 3.1 Selection of patient populations for investigation

Electronic health record (EHR) and genetic data identified three different subtypes of type 2 diabetes<sup>[1]</sup>



[1]: Li L, Cheng WY, Glicksberg BS, Gottesman O, Tamler R, Chen R, et al. Identification of type 2 diabetes subgroups through topological analysis of patient similarity. Fei Transl Med. 2015;7(311):311ra174

#### **3.1 Selection of patient populations for investigation**

#### PITFALLS

- Lack negative data
- Limited drug usage
- Missing subgroups

#### 3.2 Participant monitoring

**1. IDENTIFICATION** 

![](_page_18_Figure_2.jpeg)

![](_page_18_Figure_3.jpeg)

![](_page_18_Picture_4.jpeg)

2. DATA ANALYSIS

![](_page_18_Figure_6.jpeg)

**3. DECREASE STUDY BURDENS** 

![](_page_18_Picture_8.jpeg)

![](_page_19_Picture_0.jpeg)

## Data collection and management

![](_page_19_Picture_2.jpeg)

20

#### 4.1 Wearable and other smart devices

![](_page_20_Figure_1.jpeg)

Supplement or even replace study visits

![](_page_20_Figure_3.jpeg)

Large and complex data

![](_page_20_Picture_5.jpeg)

Ethical and privacy

![](_page_20_Picture_7.jpeg)

#### 4.1 Wearable and other smart devices

Depression Screening from Voice Samples of Patients Affected by Parkinson's Disease<sup>[1]</sup>

![](_page_21_Figure_2.jpeg)

[1]: Ozkanca Y, Ozturk MG, Ekmekci MN, Atkins DC, Demiroglu C, Ghomi RH. Depression screening from voice samples of patients affected by Parkinson's disease. Digit Biomark. 2019;3(2):72–82. https://doi.org/10.1159/000500354.

#### 4.2 Data collection and missing data

1. Automate

![](_page_22_Picture_2.jpeg)

Case report forms

2. Impute

![](_page_22_Picture_5.jpeg)

Covariate values

3. Average

![](_page_22_Picture_8.jpeg)

Distribution

### Barriers to the integration of ML techniques in clinical research

![](_page_23_Picture_1.jpeg)

24

#### 5.1 Operational barriers

Assemble a group

![](_page_24_Picture_2.jpeg)

**Building models** 

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Algorithm development and validation

#### 5.2 Philosophical barriers

- $\triangleright$  Explainability
  - O Attention scores

- $\triangleright$  Trustworthiness
  - O Clinical medicine that is not well understood continue to be used

### 6. Conclusion

- 1. Not Evaluated in peer-reviewed manner
- 2. Distort clinical reality
- 3. Bias (Ethical, socioeconomic ...)
- 4. Preclinical rather than clinical trial planning
- 5. High requirement for data structures and algorithms

![](_page_27_Picture_5.jpeg)

![](_page_28_Picture_0.jpeg)

We also hope that ML in clinical research is applied in a fair, ethical, and open manner that is acceptable to all.

![](_page_29_Picture_0.jpeg)

#### Questions?